## THE VICTORY PRIMARY SCHOOL

ALLAWAY AVENUE | PAULSGROVE, PORTSMOUTH PO6 4QP

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Executive Principal: Mr. J.Hartley Head of School: Mrs K Jones Deputy Head Teacher: Mrs V Gidney

10th December 2020

Dear Parent / Carer,

I hope you and your family are all safe and well. After Christmas, we are introducing the Daily Mile to the children during the school day. It has been recommended by the Chief Medical Officer that primary aged children should be doing 60 minutes of physical activity each day (30 minutes at school and 30 at home).

We feel with the additional fifteen minutes per day this will greatly improve the health and well-being of our children which is important to us. Attached is some additional information which you may find useful and a link to the website:

www.thedailymile.co.uk

Thank you for your continued support.

Yours Sincerely,

Mrs K. Unitt School Sports Co-ordinator and PE Lead

